



# DECODE-2024

2nd Edition

Under the Aegis of Indian Academy  
of Endocrinology & Diabetes

13th & 14th Jan 2024

## Unveiling The Mysteries of Metabolic Diseases



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**Conference Secretariat -  
TILLT at TULIP HOSPITAL, Sonipat**



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## SCIENTIFIC PROGRAM DAY-1, 13th January 2024, Saturday

Hall – A (Pearl- Banting & Best Hall)  
20 minutes lecture (18minutes+2 minutes for discussion)



### 10:00 - 11:00 Am Registration and Welcome Tea

11:00am - 12:00 pm **Session-1: Endocrine Emergency** Moderator: Dr. Apporva Mittal

11:00-11:05am: Introduction – Dr Rajesh Rajput

11:05am - 11:20pm Myxedema COMA and it's management- Dr Sandeep Dewan

**Chairperson:** Dr. S.L. Verma, Dr. Adish Jain, Dr. Ramesh Batra, Dr. Satish Chugh, Dr. Amit Nasa

11:20am - 11:40am Latest trends in DKA managements - Dr. Sunita Kaul

**Chairperson:** Dr. Nidhi Shukla, Dr. H.R. Singhal, Dr. Kedar Nath Garg, Dr. P. S. Gahlaut, Dr. Shailendra Rana

11:40am - 12:00pm Hypoglycemia: Evaluation and Management in a Diabetic Patient - Dr. Sandeep Suri

**Chairperson:** Dr. Anand Mittal, Dr. Dayanand, Dr. Sachin Bansal, Dr. Paramjeet Singh Dahiya, Dr. Saurabh Mehta

12:00-01:00 pm **Session-2: Diabetes & Microvascular Complications** Moderator: Dr. Shatakshi

12:00pm - 12:20pm Neuropathy in Diabetes how it is Different from non Diabetic - Dr. Manoj Khanal

**Chairperson:** Dr. Navdeep, Dr. Surender Mittal, Dr. Seema, Dr. Naman Mukhi, Dr. Sushila Dharamvir

12:20pm - 12:40pm DKD Diagnosis & Management - Dr. Manoj Arora

**Chairperson:** Dr. Rakesh Phougat, Dr. Sanjay Jain, Dr. Ankit Rangar, Dr. Shaveta Dahiya, Dr. Shekhar Pamnani

12:40pm - 01:00pm Diabetic Retinopathy what a Physician should know - Dr. Priyanka Patel

**Chairperson:** Dr. Ramesh Narang, Dr. Kiran Kumar Singhal, Dr. Rimjhim Kumari, Dr. Ashish Rawal, Dr. S.K. Sharma

### 01:00pm - 02:00pm Lunch in Pearl- Banting & Best Hall

02:00-03:00 pm **Session-3: Diet & Diabetes** Moderator: Dr. Vijay Mittal

02:00pm - 02:20pm Roles of Millets in Diabetes - Dr. Neelakshi Tanima

**Chairperson:** Dr. Ashwani Bhatnagar, Dr. Vandana, Dr. Tushar Kalra, N.K. Khetrapal, Dr. Amandeep Singh Kaloti

02:20pm - 02:40pm Calories or carbohydrate: What to Restrict - Dr. Bhanu Malhotra

**Chairperson:** Dr. Mukesh Joon, Dr. S.P. Yadav, Dr. Amit Saxena, Dr. Yash Devgan, Dr. Pawan Gupta

02:40pm - 03:00pm Ketodiet: Myths & Realities - Dr. Saket Kant

**Chairperson:** Dr. Sandeep Jain, Dr. Anup Chhabra, Dr. Neeraj Kaushik, Dr. Tarun Arora, Dr. Ravinder Pal

03:00-04:00 pm **Session-4: Treatment of Diabetes & Comorbidities** Moderator: Dr. Aditya Rattan Sethi

03:00pm - 03:20pm "Novel Insulin in T2D management: Evolution over Time" - Dheeraj Kapoor

**Chairperson:** Dr. Ramesh Chitkara, Dr. Dinesh Gupta, Dr. D.P. Jain, Dr. Manoj Bhatla, Dr. H.K. Chhabra

03:20pm - 03:40pm Indian Diabetic Dyslipidemia - Dr. Raman Puri

**Chairperson:** Dr. Ekal Arora, Dr. Jasinder, Dr. Yogender Arya, Dr. Dipesh Sood, Dr. Amit Rawal

03:40pm - 04:00pm CaReMe approach with Dapagliflozin: A changing perspective for treating T2D & Protecting Organs- Dr. Ashish Sehgal

**Chairperson:** Dr. M.D. Chhabra, Dr. V.K. Chugh, Dr. Pankaj Dahiya, Dr. Kishore Kaushik, Dr. N.K. Khanna

**Anchoring - Dr. Suchita, Dr. Sugandh, Dr. Varnika & Dr. Parul**



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04:00-05:00 pm **Session-5: Cardiovascular system & Diabetes** Moderator: Dr. Sonika Lamba

04:00pm - 04:20pm Management of Heart failure- What's new? - Dr. V K Katyal

**Chairperson:** Dr. Gaurav Dembla, Dr. K.L. Bansal, Dr. Shiddarth Sharma, Dr. Ankit Grewal, Dr. Paawan Wadahawan

04:20pm - 04:40pm TAVR with Coronary Protection: In Low Coronary - Dr. Praveer Agarwal

**Chairperson:** Dr. Dhruv Kumar, Dr. Raja Kaamil, Dr. Ankur Batra, Dr. Gaurav Singh Randhawa, Dr. Karan Punia

04:40pm - 05:00pm Metal less PCI in Diabetes - Dr. Subhash Chandra

**Chairperson:** Dr. Atul Gemini, Dr. Ashish Sehgal, Dr. Sameer Mehta, Dr. Saurabh Makkar, Dr. Bhushan Bansal

05:00-06:00 pm **Session-6: Made in India** Moderator: Dr. Ashok Mittal

05:00pm - 05:20pm Inflammation in Diabetes - Dr. Nishant Raizada

**Chairperson:** Dr. Pawan Goyal, Dr. Ishita Gupta, Dr. Deepak Jain, Dr. Kamal Kishore, Dr. Nayak,

05:20pm - 05:40pm Lobeglitazone: Benefits Beyond Hyperglycemia - Dr. Rajesh Rajput

**Chairperson:** Dr. Harish Batra, Dr. Bijender, Dr. Anoop Dangi, Dr. Dharmender, Dr. Vikas Bhatti

05:40pm - 06:00pm New era in T2DM- Incretinize, Individualize, Indianize with Liraglutide Biosimilar - Dr. Ajay Aggarwal

**Chairperson:** Dr. Deepak Jain, Dr. Rakesh Handa, Dr. B. N. Mishra, Dr. Ramesh Chhabra, Dr. Jagjit Ahuja

## 06:00 - 06:15 PM INAUGURATION & HIGH TEA

Chief Guest

**Dr. R.K. Aneja**

President, Haryana Medical Council

Guest Of Honour

**Dr. Ajay Mahajan**

President, Indian Medical Association

Guest Of Honour

**Dr. Jai Kishore**

CMO, Sonipat

Guest Of Honour

**Dr. HK Aggarwal**

Registrar PGIMS, Rohtak

06:20-07:00 pm **Session-7: Diabetes & Diagnostic Essentials** Moderator: Dr. Karan Bhutani

06:20pm - 06:40pm HbA1c: Merits and Pitfalls - Dr. S K Wagnoo

**Chairperson:** Dr. H.K. Aggarwal, Dr. Ajay Mahajan, Dr. Anoop Talwar, Dr. H.R. Yadav, Dr. Harpreet

06:40pm - 07:00pm An upstream approach with oral Semaglutide- Optimizing Outcomes through Early Intervention- Dr. Surender Kumar

**Chairperson:** Dr. Sudhir Attri, Dr. Sandeep Goyal, Dr. Manoj Aggarwal, Dr. Renu Bala, Dr. Pradeep

07:00-08:30 pm **Session-8: Mix Bag** Moderator: Dr. Gajraj Kaushik

07:00pm - 07:20pm LT-3 Therapy in Hypothyroidism: When & How to Use - Dr. Rajesh Rajput

**Chairperson:** Dr. Prem Punhani, Dr. Satbir Sharma, Dr. Lalit Gahlawat, Dr. Saransh Singhal, Dr. B.K. Saini

07:20pm - 07:40pm Approach to Hypopituitarism in Traumatic Brain Injury - Dr. Rajneesh Mittal

**Chairperson:** Dr. Narinder Ahlawat, Dr. Sumit Dahiya, Dr. Amit Dahiya, Dr. Vishrut Narang, Dr. Pragnesh Rajyaguru

07:40pm - 08:00pm Diabetes & Alcohol: Boon or Ban - Dr. Anurag Arora

**Chairperson:** Dr. Saurabh Pengoria, Dr. Gagan Kansal, Dr. Abhishek Jha, Dr. Tushar Rai, Dr. Sunil Malhotra

08:00pm - 08:20pm Medical Ethics for Practitioner - Dr. R K Aneja

**Chairperson:** Dr. Anil Jain, Dr. Rajiv Rai, Dr. Subodh Sehrawat, Dr. Madan Singh Chauhan, Dr. K.K. Dua

08:30 Pm - Cultural Program & Dinner  
AT PANDAL SK PARK BLU





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## SCIENTIFIC PROGRAM DAY-1, 13th January 2024, Saturday

### DECODE WORKSHOP HALL-B (LANGERHANS HALL - BALL ROOM)

#### 11am - 1pm Insulin Pump Workshop **Course Coordinator:** Prof Sanjay Rajpal

11:00am - 11:15am	Indication of Insulin Pump Therapy	Dr Mrs Manju Rajpal
11:15am - 11:30am	Understanding Basics of Insulin Pump Therapy	Dr Rajesh Rajput
11:30am - 11:45am	Smart Phone bolus Calculator	Dr JP Mishra
11:45am - 12:00pm	Carbohydrate counting	Dr. Neelakshi Tanima
12:00pm - 12:30pm	Hands on training for Insulin workshop	
12:30pm - 01:00pm	Panel Discussion	Dr Mrs Manju Rajpal Dr Rajesh Rajput Dr JP Mishra Dr. Neelakshi Tanima

#### 2pm - 4pm Diabetic Foot Workshop: **Course Coordinator:** Dr A P S Suri

02:00pm - 02:15pm	Diabetic Foot Examination: Practical Demonstration	Dr Rajnish Saxena
02:15pm - 02:30pm	Peripheral Neuropathy: Early diagnosis & management	Dr Sandeep Suri
02:30pm - 03:00pm	Practical Demonstration of off loading, Dressing, Compression, Bandage & PRP	Dr A P S Suri
03:00pm - 04:00pm	Panel Discussion	Dr Rajnish Saxena Dr Sandeep Suri Dr A P S Suri

#### 4pm - 6pm Medical Statistic & Paper writing Workshop **Course Coordinator:** Dr. Meena

04:00pm - 04:20pm	Selecting study design for clinical research	Dr Kashish Grover
04:20pm - 04:40pm	Sample Size Estimation	Dr Kanika Bansal
04:40pm - 05:00pm	Which statistical test to use for my data	Dr Kanika Bansal
05:00pm - 05:20pm	Statistical Inference: What do my results mean?	Dr Kashish Grover
05:20pm - 05:40pm	Tips of effective paper writing	Dr Kashish Grover
05:40pm - 06:00pm	Panel Discussion	Dr Meena Dr Kashish Grover Dr Kanika Bansal



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## SCIENTIFIC PROGRAM DAY-2, 14th January 2024, Sunday

Hall – A (Pearl- Banting & Best Hall)  
20 minutes lecture (18minutes+2 minutes for discussion)

10-11 am: Workshop on Diabetes and Sexual Health  
Erectile Dysfunction: Optimizing Sexual Health: Dr Deepak Jumani

11:00-12:00 pm Session-9: Pediatric Endocrinology Moderator: Dr. Atul Girdhar

11:00am - 11:20am Pediatric Graves Disease: Drugs v/s Radioiodine - Dr Ashish Sehgal

**Chairperson:** Dr. N.K. Mittal, Dr. J.B. Bansal, Dr. Sushil Saroha, Dr. Seema Chanda, Dr. Naveen Chaudhary

11:20am - 11:40am Approach to Hypophosphatemic Rickets : diagnosis & Management - Dr. S K Mathur

**Chairperson:** Dr. Baldev Raj, Dr. J.S. Dhankar, Dr. Rajeev Rai, Dr. Rishi Garg, Dr. Manoj Rawal

11:40am - 12:00pm T2DM in young: When to suspect & how to treat - Dr Ashok

**Chairperson:** Dr. Ravi Shankar, Dr. Amit Rai, Dr. Ankita Rai, Dr. Harit Bansal, Dr. Adarsh Sharma

12:00-01:00 pm Session-10: Critical Care Endocrinology Moderator: Dr. Sushila Kataria

12:00pm - 12:20pm Preoperative Evaluation & Risk Stratification of a diabetes patient - Dr. Rajat Gupta

**Chairperson:** Dr. Poonam Dahiya, Dr. Manju Arya, Dr. Sanjay Malik, Dr. Shubhi, Dr. Divyani Patil

12:20pm - 12:40pm Intra Operative Glycemic Management - Dr Sandeep Kharb

**Chairperson:** Dr. D.K. Shrivastav, Dr. Suman Rawal, Dr. Prateek Ahuja, Dr. Poojangi Varshney, Dr. Abhinav Kumar

12:40pm - 01:00pm Rational Use of Steroid in Critically Sick Patient - Dr. Dhanendra Sahu

**Chairperson:** Dr. B.D. Chaudhary, Dr. Purnima, Dr. Renu, Dr. Shrikant Khake, Dr. Jasbir Malik

01:00-02:00 pm Session-11: Gestational Diabetes Moderator: Dr. Anupama Sethi Arora

01:00pm - 01:20pm Early Gestational Diabetes: is it different from gestational diabetes - Dr. Rajeev Chawla

**Chairperson:** Dr. Usha Mukhi, Dr. Parul Chitkara, Dr. Vibha Dua, Dr. Garima Tripathi, Deep Mala Mittal

01:20pm - 01:40pm Metformin in Pregnancy: How safe it is - Dr. Gagan Priya

**Chairperson:** Dr. Abha Sethi, Dr. Manju Khurana, Dr. Shelly Ghirdhar, Dr. Neelam Sharma, Dr. Shikha Malik

01:40pm - 02:00pm Optimal Insulin therapy in Pregnancy with DM - Dr. Suvrit Jain

**Chairperson:** Dr. Usha Bansal, Dr. Poonam Sehrawat, Dr. Pooja Rawal, Dr. Sweta Kumari, Dr. Meena

02:00-03:00 pm Session-12: Beyond Clinical Skills Moderator: Dr. Prashant Tyagi

02:00pm - 02:20pm PCPNDT & MTP Acts do's & don't - Dr. Sumit Kaushik

**Chairperson:** Dr. Anuradha Mittal, Dr. Kirti Dembla, Dr. Poonam Saroha, Dr. Shashi Sehgal, Dr. Sakshi Bansal

02:20pm - 02:45pm How to deal with difficult & demanding relatives - Dr. Arun Sharma

**Chairperson:** Dr. Rakesh Chanda, Ms. Kriti Arora, Dr. Pankaj Khurana, Dr. Gaurav Arora, Dr. Sanjeev Jain

**Anchoring - Dr. Nishant Mittal**

DAY-2 14th January 2024 (Sunday)

DECODE WORKSHOP HALL-B (LANGERHANS HALL - BALL ROOM)

**11am - 1pm Paper & Poster Presentation**